



Sample Coaches Meeting Handout

PURPOSE OF MEETING:

Get to know each other better and to walk out with a shared vision for the team and the upcoming season.

INTRODUCTIONS:

Quick introductions - sports and coaching background, most proud coaching moment

TEAM PHILOSOPHY:

Guiding principles:

100% Effort

every practice, warm-up and game

Have Fun

every practice, warm-up and game

Team First

put the team before yourself

Constant Improvement

focus on key fundamentals/age specific
precision

Key underlying theme...

*It is okay to make a mistake...As long as you are going for it!
Your teammates will back you up and support you.*

The importance of words **and** body language when mistakes are made (especially your own child)



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TEAM GOALS:

1. Team Assessment Worksheet

2. Team Goals Worksheet

- Big Hairy Audacious Goal - "BHAG"
- Style of Play
- Team goals - **SMART**
- Key Performance Indicators - **KPI's**
- Action Plan

PRACTICE PLANNING:

Discussion on the key fundamentals - Which should be relentlessly taught and practiced?

Commit to teaching with age specific precision every time
Brainstorm effective drills and fun games



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ROLES:

Discussion of the roles of the coaches

- be open about strengths and weaknesses

Discussion of the roles of the other parents

HOLDING EACH OTHER ACCOUNTABLE:

It takes a Village to be successful so holding each other accountable is critical.

- Mistakes - watch your reaction (verbal and body language) - KEEP IT POSITIVE...
SMILE
- Officials
- Coaching your own kid

SUMMARIZE & AGREE:

- Guiding principles
- Underlying theme
- Overall philosophy, definition of success and how team will operate
- Team Goals - BHAG, style of play, 3-6 team goals
- Coach roles
- Holding each other accountable

QUESTIONS/CONCERNS?