



Sample Parent Meeting Handout

PURPOSE OF MEETING:

Get to know each other better and to walk out with a shared vision for the team and the upcoming season.

INTRODUCTIONS:

Quick introductions

Village concept - players, coaches and parents working together towards a shared vision for the team

TEAM PHILOSOPHY:

Guiding principles:

100% Effort

every practice, warm-up and game

Have Fun

every practice, warm-up and game

Team First

put the team before yourself

Constant Improvement

focus on key fundamentals/age specific precision

Key underlying theme...

*It is okay to make a mistake...As long as you are going for it!
Your teammates will back you up and support you.*

The importance of words **and** body language when mistakes are made (especially your own child)



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Coaching Goals

1. Keep it POSITIVE
2. Challenge the players to get out of their comfort zone
3. Encourage player leadership
4. Create the environment where the entire village thrives.
 - **Players** - PLAY - play loose, play hard, have fun and learn in a safe environment
 - **Parents** - CHEER - Cheer and sit back and enjoy the ups and downs of the season.
 - **Coaches** - COACH - Coach the team

TEAM GOALS:

Share your **Team Goals Worksheet**

- Big Hairy Audacious Goal - "BHAG"
- Style of Play
- Team goals

PARENT ROLE:

Reconcile the "WHY" - Your reasons/goals for having your child play vs. why they want to play.

- **Are they the same?**



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Overall Experience Management - The Parents Set the Tone for a Positive Experience!

- Set expectations, support and encourage them to talk with the coaches
- Start on time and end on time
- Timely communication of absences and late show-up (practices and games)
- Coaching - Please let the coaches do the coaching.
- Cheering - keep it positive (words and body language)
- Officials
- Feedback - 24 hour rule

Please watch this video – <https://youtu.be/Dki7xQXmYLk>
Frank Martin (South Carolina men's basketball coach) - It is a great investment of 3 minutes.

WINNING, LOSING AND PLAYING TIME:

What we care about as a team - Things we can control:

- How the team plays (effort, attitude, go-for-it mentality)
- Focus on process not the result (effort to make a play vs. making the play)
- Players following instruction and understanding what is best for team success

What we don't care about as a team - Things we cannot control:

- Win-Loss record
- Bad calls from officials



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Playing time - regular season, playoffs etc.

- Factors that influence playing time (skill, positional skill, attitude, team need, practice effort)

HOLDING EACH OTHER ACCOUNTABLE:

It takes a Village to be successful so holding each other accountable is critical.

Parents are expected to help each other out. Being positive and smiling takes practice and some will need help!

- OK to make a mistake - watch your reaction and your body language - KEEP IT POSITIVE...SMILE
- Officials
- When your kid doesn't make a play

SUMMARIZE & AGREE:

- Guiding principles
- Underlying theme
- Coaching goals
- Team Goals - BHAG, style of play, 3-6 team goals
- Parent role - Overall Experience Management
- Winning, losing and playing time
- Holding each other accountable

QUESTIONS/COMMENTS?